

# The Way of Love

## Practices for a Jesus-Centered Life

The way of love is a way of life. More than a program or curriculum, it is an intentional commitment to a set of practices. It is a commitment to follow Jesus: Turn, Learn, Pray, Adore, Bless, Go, Rest.

Turn, Learn, Pray, Adore, Bless, Go, Rest, are part of a series of practices that the disciples of Jesus must take into account in our daily lives. In our spiritual journey it is indispensable to take the time to prepare our hearts and minds to listen to the voice of God.

Despite our lives and busy schedules, work and activities, it is essential that we separate time to reflect and meditate on the changes that occur in our lives.

When starting a new project, or when a change comes close to our lives it is important to stop to organize ourselves, value what we are and establish the routes that help us achieve our dreams and goals.

The time of Easter opens this opportunity for each one of us. It is the time in our pilgrimage to value our spiritual experience, our relationship with God and also with the people who are part of our life.

In terms of the Church, this is also a good time to reflect on the challenges we face and to identify

our weaknesses and strengths. In so doing, we can discover the possibilities we have to share the message of forgiveness, peace and reconciliation that leads us towards the construction of the Kingdom of God.

Without a doubt, the most important value that the Church can offer to this world is the gift of love. The powerful love of God that is capable of doing all things new and of eradicating injustice, oppression and violence.

The call to “live and practice the path of love as the path we must follow in our life” has become one of the fundamental pillars of the ministry of our Presiding Bishop Michael Curry.

Consistently, the Presiding Bishop reminds us of the vital importance of observing a discipline that includes the constant practice of reconciliation, forgiveness and renewal.

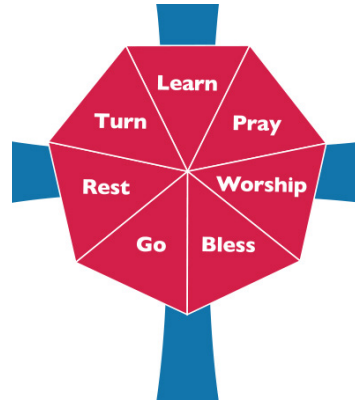
Let us make visible the powerful love of God through our commitment by adopting in our lives the practices to live a life centered on Jesus.

*The Rt. Rev. Hector F Monterroso, Bishop Assistant*



*I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. – Ephesians 3:17-19*

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## Getting Started with the Way of Love

Read Presiding Bishop Curry's invitation. ([tinyurl.com/y4sjzl8](http://tinyurl.com/y4sjzl8))

Where did this whole "Way of Love" come from? Is this something I have to do? Is this for everyone? Read this invitation letter to find out the answers to these important questions.

Watch the video that introduces the Way and each practice. ([tinyurl.com/yxt7246y](http://tinyurl.com/yxt7246y))

This piece, featuring images and video from across our common life in the Episcopal Church, gives a brief overview of each of the seven practices of the Way of Love: Turn. Learn. Pray. Worship. Bless. Go. Rest.

Use the "Introducing the Way of Love" document to reflect on practices and imagine how God is leading you to engage.

This document explores how each of the seven practices - and a rule of life, itself - has a basis in Scripture and our Episcopal tradition. The question is: how can you engage those practices using your gifts, talents, and calling? Use the reflection and discernment questions to find out more. Available for download in English, Spanish, Creole, French and Chinese. ([tinyurl.com/y5goofbz](http://tinyurl.com/y5goofbz))

Visit [www.episcopalchurch.org/way-of-love](http://www.episcopalchurch.org/way-of-love) for more resource, print material or a small group curriculum. If you have questions, comments, new resources, or an idea about the Way of Love, email [wayoflove@episcopalchurch.org](mailto:wayoflove@episcopalchurch.org).

## The Way of Love for Families

In today's world of busy schedules and hurried meals and time together, it is now more imperative that we make the time to center ourselves and follow the way of Jesus. This might mean revisioning and reshaping the pattern and rhythm of your families daily life--finding a slice of time to center your thoughts on Jesus. (<https://www.churchpublishing.org/wayofloveforfamilies>)

## Eastertide Video Reflections

During this Eastertide, EDOT hopes to encourage Episcopalians to reflect and act upon their calling to participate in God's mission. Each reflection includes a challenge and practical ways to proclaim the Good News and to seek, serve and love those that Christ has first loved. Go to [www.facebook.com/TexasDiocese](http://www.facebook.com/TexasDiocese) to see the videos and join the conversation this Easter season (April 21-June 9.)

"On Easter Sunday we see that victory over death has been won for all people on the cross by our Lord Jesus" - Bishop Doyle

See Bishop Doyle's Easter message online at [epicenter.org](http://epicenter.org)



## Easter Resources:

For clergy: Parishes that find ways to practice hospitality toward children experience successful results. [tinyurl.com/let-the-children-come-to-me](http://tinyurl.com/let-the-children-come-to-me)

For families with young children: Can an Easter basket contain more than a sugar high? Absolutely!

<https://www.buildfaith.org/how-to-build-a-better-easter-basket/>

For youth: A teen realizes resurrection for the first time.

<https://sojo.net/articles/first-time-resurrection-mattered-me>

For children's ministry leaders: The Way of Love, An Intergenerational Gathering to engage all ages in learning about the seven practices. [tinyurl.com/y4yokh5a](http://tinyurl.com/y4yokh5a)

For more resources, contact Jamie Martin-Currie, Missioner for Christian Formation at [jmartin-currie@epicenter.org](mailto:jmartin-currie@epicenter.org).